
May the Merciful One bless this house and this table at which we have eaten. Amen.

Harachaman, hu yish'lah lanu b'ara'im m'nubah babadat ha'ez, val shuchan zeh she'chalu'nu alav. Amen.

May the Merciful One send us Elijah, the prophet of blessed memory, who will bring us good news of salvation and comfort. Amen.

Harachaman, hu yish'lach lanu et Eliyahu hanavi zacher tatov, viy'asher lanu baniot yashu'ot yu'asher vcheinam. Amen.

On Shabbat and festivals: A song for going up. When God brought the exiles back to Zion, it was like a dream. Then our mouths were filled with laughter, our tongues with joyous song. Then they said among the nations: ‘God has done great things for them.’ God has done great things for us, and we rejoice. Restore our fortune, O God, as streams revive the desert. Then those who have sown in tears shall reap in joy. Those who go forth weeping, carrying bags of seeds, shall come home with shouts of joy, laden with sheaves.

May the Merciful One bless us all and our dear ones as You blessed our ancestors Abraham and Sarah, Isaac and Rebecca, Jacob, Leah and Rachel. In every way, so bless us all. And let us say: Amen.

Harachaman, hu yave'elei otzu v'et kol asher lanu, ki'me sheni’ti banotot o'tzeynu v'imoteynu, Avraham v'Sarah, v'Yitzchak v'Rivkah, Yaakov, Leah v'Rachel - balot, miliki, kol. Amen.

Baruch Adonai, hazan et ha'olam. Amen.

On a festival: It is more equal when one, including the leader, repeats the lines that is more equal when one, including the leader, repeats the lines that is more equal when one, including the leader, repeats the lines.

In Liberal Judaism, some feel that the repetition here is optional. In Reform Judaism, the leader should repeat the lines.

Birshut chaverai v'chavrotay n'vareich! (Y'hi shem Adonai m'vorach mei'atah v'ad olam).

Y'hi shem Adonai m'vorach mei'atah v'ad olam.

Friends, let us praise God. Blessed be our God, whose food we have eaten and by whose goodness we live.

She'achalnu mishelo. Amen.

B'Yom Tov: Harachaman, hu yanchiluyu yom shekulo Shabbat um'nuchah l'chayey ha'olam. Amen.

On high may they plead for them and for us, so that we merit a lasting peace, and may we gain a blessing from God and justice from the God of our salvation. May we find grace and understanding in the sight of God and humanity.

Y'hi shem Adonai m'vorach mei'atah v'ad olam.

May the Merciful One let us inherit a time that is all good.

B'L'Q}M'U'Y

For Shabbat: May the Merciful One let us inherit a day that is all Shabbat and rest forever. Amen.

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May the Most High, Source of perfect peace, grant peace to us, to all Israel, to all humanity. Amen.

Harachaman, hu y'zakeinu liyom tov, Oseh shalom bimromav, hu ya'aseh shalom, aleynu v'al kol Yisra'el v'al kol b'ney adam. Amen.

May the Merciful One make us worthy to witness the messianic era and the life of the world to come. God is a sea of mercy and kindness to all his children.

Amen.

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May the Most High, Source of perfect peace, grant peace to us, to all Israel, to all humanity. Amen.

We have eaten and been satisfied. Help us to be responsive to the needs of others, and to listen to their cry for food. Open our eyes, hearts and hands so that we may share your gifts, and help to prevent hunger and want from our world.

Harachaman, ha'olam mishlohan, ha'olam mishlohan. Amen.

We are not actually asking for Elijah to be sent to us to serve as a metaphor for signs of the messianic age.

May the Merciful One make us worthy to witness the messianic era and the life of the world to come. God is a sea of mercy and kindness to all his children.

Amen.
Harachamah, hu yitbarach shehoda'tanu v'al chayim ha'mazon.

May the Merciful One rule over us forever. Amen.

Harachamah, hu yitloch aleynu l'olam va'ed. Amen.

Have compassion, Eternal God, on Your people Israel and on all the inhabitants of Your world. Guide and sustain us, grant us steadfast love, and for the food that sustains us, each and every day.

We thank You, Eternal God, for the pleasant, good and spacious land You gave our ancestors, for our deliverance from bondage; for the Covenant You have sealed in our hearts; for the Torah You have taught us, and the laws You have made known to us; for Your gracious gifts of life and steadfast love, and for the food that sustains us, each and every day.

We praised in Your covenant of circumcision at the beginning of the year which passed, and we praise You, Eternal God, for the privilege of observing that covenant.

Harachamah, hu yitbarach shim'cha b'fi kol chai tamid

May the Merciful One be praised continually by every living creature, as it is written, "When you have eaten and are satisfied, then praise the Eternal One your God for the good land God has given you." Amen. We praise You, O God, for the land and for the food.

Harachamah, hu yitbarach shehoda'tanu v'al chayim ha'mazon.

May the Merciful One be praised in heaven and on earth. Amen.

Harachamah, hu yitbarach bashamayim uva'aretz. Amen.

May the Merciful One be praised by every generation, celebrated and glorified forever. Amen.

Harachamah, hu yitbarach shehoda'tanu v'al shehotzeitanu, v'imoteynu, eretz chemdah tovah shehin'chalta la'avoteynu.

May the Merciful One bless the State of Israel and our brothers and sisters throughout the world.

Harachamah, hu yitbarach et Mednat Yisrael v'et achichenu v'et achiyoteninu birachvey haalim. Amen.

We praised You, Eternal God, for the covenant of circumcision, for the hillah which You established to the children of Israel when You brought them out of Egypt. You led us in a way that is firm, and You spoke to us in a way that is clear. You showed us compassion and kindness, and for the food that sustains us, each and every day. Here is our prayer today, our hope and our praise.

Harachamah, hu yitloch aleynu l'olam va'ed.

May the Merciful One watch over us and have compassion on us. Amen.

Harachamah, hu ya'aseh l'olam mishava'ata, uveirach'ta et Mitzrayim, uf'diytanu, mibeit avadim, v'al shehotzeitanu, v'al shehotzeitanu, v'imoteynu, eretz chemdah tovah shehin'chalta la'avoteynu, v'al shehotzeitanu, v'al shehotzeitanu, v'imoteynu, eretz chemdah tovah shehin'chalta la'avoteynu.

The phrase "v'achalta v'sava'ta, uveirach'ta et Mitzrayim, uf'diytanu, mibeit avadim, v'al shehotzeitanu, v'al shehotzeitanu, v'imoteynu, eretz chemdah tovah shehin'chalta la'avoteynu" (the covenant of circumcision) and "v'achalta v'sava'ta" (the covenant of circumcision) in Jewish liturgy refer to the covenant made between God and Israel at Mount Sinai. These phrases are used in various prayers and blessings to express gratitude for the freedom and independence granted to the Jewish people.

We praise You, Eternal God, for the covenant of circumcision, for the hillah which You established to the children of Israel when You brought them out of Egypt. You led us in a way that is firm, and You spoke to us in a way that is clear. You showed us compassion and kindness, and for the food that sustains us, each and every day. Here is our prayer today, our hope and our praise.

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